



Tallahassee, Fl.

WE SELL AT OUR COST + 10% AT THE CHECKOUT
Our Cost Includes Freight Fees & Warehouse Expenses
A GUARANTEED WAY TO SAVE!

WE ACCEPT ALL MAJOR CREDIT CARDS. EBT, SNAP AND
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We reserve the right to correct typographical & pictorial errors.

AUGUST 2025						
			27	28	29	30
31	1	2				

www.fresh4lesstallahassee.com

Last Blast of Summer! Fire Up The Grill Week!

Football Kickoff Week-End!

This Weeks Manufacturer Digital Coupons Download Our App!

2x Digital Coupon
Piggly Wiggly Medium Eggs
12 eggs per dozen
50¢

1x Digital Coupon
Dawn Dish Liquid
28 oz.
\$1 OFF

1x Digital Coupon
Ultra Fresh Laundry Detergent
320 load
\$2 OFF

1x Digital Coupon
Cascade Platinum Dishwasher Safe Water
62 pacs
62-ct. sale price \$16.95
-2.00 digital coupon
\$14.95

Power Buy
Products of Coca Cola
12 pack... 12 oz. cans
\$4.33

Power Buy
Dasani Water
24 pack... half ltr. btl.
\$3.75

Power Buy
Products of Coca Cola
8 pack... 12 oz. btl.
\$4.66

Power Buy
Assorted Flavors Powerade
28 oz. btl.
89¢

Power Buy
Twin Pack Kingsford Charcoal
12 lb. bags
2 \$13.80

Power Buy
Pit Boss Smoker Pellets
20 lb.
\$7.50

Power Buy
Sweet Baby Ray's BBQ Sauce
18 oz.
\$1.55

Power Buy
Oscar Mayer Wieners
1 lb.
\$1.39

Power Buy
Premium St. Louis Style Ribs
per lb.
\$2.75

Power Buy
USA Western Select Beef Bone-In Cowboy Ribeye Steaks
per lb.
\$9.98

Power Buy
Fresh Fryer Drumsticks
20 lb. box
\$15

Power Buy
Seaboard Brand Baby Back Ribs
per lb.
\$2.99

Power Buy
Fresh Mis-Cut Split Fryer Breast
Value Pack... per lb.
\$1.24

Power Buy
Springer Mountain Boneless Thighs
per lb.
\$2.96

Power Buy
Fresh Premium Fryer Wings
40 lbs.
\$7.40

Power Buy
Aunt Bessie's Meaty Riblets
10 lb. box
\$18

Power Buy
Jack Daniel's Pulled Pork, Chicken, Honey Pork or Honey Chicken
16 oz.
\$7.71

Power Buy
Certified Angus Choice Beef Thomahawk Steaks
per lb.
\$14.44

Power Buy
Makes (50) 1/4 Pounds! Certified Angus Choice Beef Ground Chuck
10 lb. pack... per lb.
\$4.98

Power Buy
Great on the Grill! Fresh Premium Pork Boneless Thick-Cut Butterflied Pork Chops
Value Pack... per lb.
\$2.81

Power Buy
Aunt Bessie's Small Baby Spare Ribs
box
\$24

Power Buy
Twin Pack Kingsford Matchlight Charcoal
12 lb. bags
2 \$15.55

Power Buy
Dutch Farm Shredded Cheese
7-8 oz.
\$1.50

Power Buy
Fresh Premium Pork Whole Boston Butt
2 Roast Value Pack per lb.
\$1.67

Power Buy
Original Conecuh Smoked Sausage
4 lb.
\$19.75

Power Buy
Snowden's Smoked Sausage
4 lb.
\$16.96

Power Buy
Market Style Meat Balls
10 lb. box
\$14.40

Power Buy
Georgia Special Red Hot
5 lb.
\$13.32

Power Buy
All Varieties Johnsonville Brats
12-14 oz.
\$3.77

Power Buy
Nature's Best Catfish Nuggets
2 lb.
\$6.95

Power Buy
100-200-ct. per lb. Nature's Best Cooked Shrimp
1 lb.
\$6.75

Power Buy
16-20-ct. per lb. Nature's Best Peeled & Deveined Headless Shrimp
2 lb.
\$17.25

Power Buy
51-60-ct. per lb. Nature's Best E-Z Peel Cooked Shrimp
3 lb.
\$18.85

Power Buy
Nature's Best Surimi Snow Legs
2 lb.
\$11.90

Power Buy
Nature's Best Deep Water Headless Red Shrimp
2 lb.
\$14.75

Power Buy
Nature's Best Mahi Portions
12 oz.
\$6.90

Power Buy
Nature's Best Wild Caught Salmon Portions
2 lb.
\$11.95

Power Buy
21-25-ct. per lb. Nature's Best Breaded Butterflied Shrimp
32 oz.
\$13.50

Power Buy
Golden Flake Potato Chips
18-ct. Variety Pack
\$5.97

FARM TO TABLE FRESH! ALWAYS FOR LESS AT



Power Buy
North Florida Green Peanuts
per lb.
\$1.25
30 lb. bag \$33

Power Buy
Jackson Farm Zucchini or Yellow Squash
per lb.
89¢

Power Buy
Jackson Farm Fresh Green Cabbage
per lb.
47¢

Power Buy
Jackson Farm Fresh Sweet Corn
ear
39¢

Power Buy
Fresh Roma Tomatoes
per lb.
98¢

Power Buy
Fresh Express Chopped Caesar Salad Kit, Bacon Caesar, Smoke House or Ranch
9.9-11 oz.
95¢

Power Buy
Sweet Vidalia Onions
3 lb. bag
\$2.80

Power Buy
Fresh Honey Dew Melons
each
\$3.33

Power Buy
Red Delicious or Gala Apples
3 lb. bag
\$3.50

Power Buy
Western U.S. Fresh Cantaloupe
each
\$2.66

Power Buy
Fresh Yellow Onions
3 lb. bag
\$1.90

Power Buy
Fresh Idaho Potatoes
10 lb. bag
\$4.44

Power Buy
Super Select Crisp Cucumbers
each
44¢

Power Buy
Fresh Jalapeno Peppers
per lb.
\$1.16

Power Buy
Tropical Fresh Avocado
each
72¢

Power Buy
Fresh Egg Plant
per lb.
\$1

Power Buy
Fresh Kiwi Fruit
each
44¢